

# MARCH 2017 BREAKFAST MENU

	Monday	Tuesday	Wednesday	Thursday	Friday	
			<b>1</b> COLD CEREAL APPLE JUICE MANDARIN ORANGES SKIM MILK	<b>2</b> SUPER DONUT FRESH APPLE ORANGE JUICE SKIM MILK	<b>3</b> MINI BAGEL PULL-APART CHILLED PEACHES APPLE JUICE SKIM MILK	4
5	<b>6</b> PANCAKE SAUSAGE WRAP GRAPE JUICE FRESH APPLE SKIM MILK	<b>7</b> WG BLUEBERRY MUFFIN APPLE JUICE CHILLED PINEAPPLE SKIM MILK	<b>8</b> SUPER BUN CHILLED PEARS ORANGE JUICE SKIM MILK	<b>9</b> CEREAL BAR FRSH BANANA FRUIT YOGURT GRAPE JUICE SKIM MILK	<b>10</b> TURKEY SAUSAGE PATTY WG BISCUIT MANDARIN ORANGES ORANGE JUICE SKIM MILK	11
12	<b>13</b> WHOLE WHEAT FRENCH TOAST STICKS/ SYRUP APPLESAUCE GRAPE JUICE SKIM MILK	<b>14</b> WHOLE GRAIN POPTART FESH BANANA ORANGE JUICE SKIM MILK	<b>15</b> COLD CEREAL APPLE JUICE MANDARIN ORANGES SKIM MILK	<b>16</b> SUPER DONUT FRESH APPLE ORANGE JUICE SKIM MILK	<b>17</b> MINI BAGEL PULL-APART CHILLED PEACHES APPLE JUICE SKIM MILK	18
19	<b>20</b>  **** NO SCHOOL ****	<b>21</b>  **** NO SCHOOL ****	<b>22</b>  **** NO SCHOOL ****	<b>23</b>  **** NO SCHOOL ****	<b>24</b>  **** NO SCHOOL ****	25
26	<b>27</b> PANCAKE SAUSAGE WRAP GRAPE JUICE FRESH APPLE SKIM MILK	<b>28</b> WG BLUEBERRY MUFFIN APPLE JUICE CHILLED PINEAPPLE SKIM MILK	<b>29</b> SUPER BUN CHILLED PEARS ORANGE JUICE SKIM MILK	<b>30</b> CEREAL BAR FRSH BANANA FRUIT YOGURT GRAPE JUICE SKIM MILK	<b>31</b> TURKEY SAUSAGE PATTY WG BISCUIT MANDARIN ORANGES ORANGE JUICE SKIM MILK	

**Paid Breakfast Price is \$2.15**

**Reduced Breakfast Price \$.30**

Please send a check or money order to the school office. You may pay by debit or credit card for a small 3% convenience fee. NSF checks are reported to Check Alert. NO CASH ACCEPTED. **Students may be denied meals if their balance is greater than \$10.00.** Please check your student meal account regularly to avoid this. Please contact the Nutrition Department with any concerns.

**Meal are catered by J&F Food Service**

# MARCH 2017 LUNCH MENU

	Monday	Tuesday	Wednesday	Thursday	Friday	
			1 BEEF NACHOS BLACK BEANS SALSA APPLE SKIM MILK	2 CHICKEN TENDERS GREEN PEAS SEASONED CARROTS WW BREAD KETCHUP PEARS SKIM MILK	3 HAMBURGER ON BUN CHEESE SLICE STEAK FRIES MUSTARD/KETCHUP PINAPPLE SKIM MILK	4
5	6 BEEF & BEAN BURRITO SALSA NUTRITIONAL ENHANCED CORN BANANA MILK	7 GRILLED CHICKEN ON BUN BBQ SAUCE BAKED BEANS BABY CARROTS KETCHUP MANDARIN ORGANGES SKIM MILK	8 SPAGHETTI W/MEAT SAUCE TOSSED SALAD GARNISH GRATED CHEESE WHOLE GRAIN WHEAT ROLL RANCH DRESSING APPLESAUCE MILK	9 CORNDOG STEAK FRIES KETCHUP/ MUSTARD PEARS MILK	10 WHOLE GRAIN CHICKEN NUGGETS BLACK EYED PEAS BROCCOLI W/ CHEESE SAUCE KETCHUP RANCH DRESSING PEACHES MILK	11
12	13 MEATBALLS BBQ SAUCE BAKED BEANS WHOLE WHEAT BREAD DICED PEACHES MILK	14 CHICKEN & MARINARA PASTA GREEN PEAS SEASONED CARROTS WHOLE GRAIN ROLL MANDARIN ORNAGES MILK	15 FRITO PIE CORN MIXED GREEN SALAD FRESH APPLE SKIIM MILK	16 WHOLE GRAIN CHICKEN NUGGETS RANCH BEANS WHOLE WHEAT BREAD KETCHUP CHILLED PEARS SKIM MILK	17 PIZZA POCKET MARINARA SAUCE GREEN BEANS GARNISH GRATED CHEESE CHILLED PINEAPPLE SKIM MILK	18
19	20 <b>****NO SCHOOL****</b>	21 <b>****NO SCHOOL****</b>	22 <b>***NO SCHOOL***</b>	23 <b>****NO SCHOOL****</b>	24 <b>****NO SCHOOL****</b>	25
26	27 BEEF & BEAN BURRITO SALSA NUTRITIONAL ENHANCED CORN BANANA MILK	28 GRILLED CHICKEN ON BUN BBQ SAUCE BAKED BEANS BABY CARROTS KETCHUP MANDARIN ORGANGES SKIM MILK	29 SPAGHETTI W/MEAT SAUCE TOSSED SALAD GARNISH GRATED CHEESE WHOLE GRAIN WHEAT ROLL RANCH DRESSING APPLESAUCE MILK	30 CORNDOG STEAK FRIES KETCHUP/ MUSTARD PEARS MILK	31 WHOLE GRAIN CHICKEN NUGGETS BLACK EYED PEAS BROCCOLI W/ CHEESE SAUCE KETCHUP RANCH DRESSING PEACHES MILK	

**Paid Lunch Price \$3.50**

**Reduced Lunch Price \$40**

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THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

MENU SUBJECT TO CHANGE BASED ON AVAILABILITY